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| **Date** | **07/12** | **08/12** | **09/12** | **10/12** | **11/12** |
| **Item** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Soup** | Sweet Corn with Cream Soup玉米忌廉汤 | Sweet corn and Carrot with Pork rib Soup玉米红萝卜猪骨汤 | French Style Carrot Soup with Cream法式红萝卜忌廉汤 | Tomato and Potato with Pork rib Soup西红柿土豆猪骨汤 | French Style Carrot Soup with Cream法式红萝卜忌廉汤 |
| **Salad** | Daily Vegetables Salad | Daily Vegetables Salad | Daily Vegetables Salad | Daily Vegetables Salad | Daily Vegetables Salad |
| **Main Dishes** | Boiled Broccoli白灼西兰花Mushrooms and Fungus Steam Chicken香菇云耳蒸鸡Green Bean fried Eggplant豆角茄子Gillette fish steak吉列鱼柳Hotbed chive scrambled eggs韭黄炒蛋 Fried Rice Noodles in Singapore style星洲炒粉Yangzhou Style Fried Rice扬州炒饭 | Boiled Bettuce白灼生菜Curry Fish Ball咖喱鱼蛋美式鸡扒Grilled Chicken steakSteamed Egg蒸水蛋Sweet corn and Green bean with Ham青豆玉米肉丁Egg Fried Rice蛋炒饭Chinese Fried Noodle三丝炒面 | Boiled Vegetable白灼青菜White Carrot fried Beef Brisket萝卜焖牛腩Chicken pie American style 美式鸡肉派Green bean fried Minced meat榄菜肉末豆角Fried eggs with Tomato番茄炒蛋Shrimp & Ham Fried Rice虾仁火腿炒饭Macaroni with Minced Meat sauce肉酱通心粉 | Boiled Broccoli白灼西兰花Curry Chicken咖喱鸡Cauliflower fried Bacon菜花炒培根Minced meat fried Eggplant肉末茄子Mini ham Sausage珍珠肠仔Yangzhou Style Fried Rice扬州炒饭Spaghetti with Seafood and Tomato Sauce海鲜意粉 | Boiled Vegetable青菜Gillette Pork Steak吉列猪扒Meat roll fried Asparagus Lettuce莴笋炒肉卷Fried Wax gourd红烧冬瓜Spring Onion fried Doufu小葱焖豆腐Shrimp & Ham Fried Rice虾仁火腿炒饭Spaghetti with Minced Meat and Tomato Sauce肉酱意粉 |
| **Others** | Dumpling Bun饺子 餐包 | Bacon Pizza 披萨 | Spring rolls 春卷 | Dumpling 饺子 | French fries薯条 |
| **Drinks** |  Water水 | Water水Apple Juice苹果汁Orange Juice橙汁 |  Water水 |  Water水 | Lemon水 |
| **Fruit** | Daily Fruit | Daily Fruit | Daily Fruit | Daily Fruit | Daily Fruit |