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| **Date** | **18/01** | **19/01** | **20/01** | **21/01** | **22/01** |
| **Item** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Soup** | 番茄土豆煲龙骨  Tomato&Potato with Bone soup | 俄式杂菜汤  Russian Mix vegetable soup | 莲藕花生煲龙骨  Peanut&Lotus root with bone soup | 奶油南瓜汤  Pumpkin with Cream soup | 黄豆萝卜煲龙骨  Yellow bean&Caroot with bone soup |
| **Salad** | Daily Vegetables Salad  每日沙拉 | Daily Vegetables Salad  每日沙拉 | Daily Vegetables Salad  每日沙拉 | Daily Vegetables Salad  每日沙拉 | Daily Vegetables Salad  每日沙拉 |
| **Main Dishes** | 玲珑鸡块  Popcorn chicken  茄汁黄豆烩香肠  Yellow bean & Mini sausage with Ketchup  五彩肉丁  Diced pork with Sweet corn….  茄子炒豆角  Eggplant fried Carob  蛋炒饭  Egg fried Rice  三丝炒面  Fried noodles with three shredded ingredients  奶香小馒头  Chinese Mini bun  每日时蔬  Daily Vegetables  白米饭  Plain rice | 咖喱鸡  Curry chicken  香芹榨菜炒肉  Fried meat with Celery and Pickle  番茄炒蛋  Tomato fried Egg  蒜苗豆腐泡焖萝卜  Braised white carrot with Curd and Garlic sprouts  扬州炒饭  Fried rice Yangzhou style  肉酱意粉  Spaghetti Bolognese  甜玉米  Sweet corn  每日时蔬  Daily Vegetables  白米饭  Plain rice | 吉列猪扒  Gillette Pork chop  青笋炒腊味  Asparagus lettuce fried Cured meat  烤鸡翅  Roast chicken wings  炒土豆丝  Fried shredded potato  星洲炒米粉  Fried noodles Singapore sytle  泡菜炒饭  Fried rice with pickled vegetables  黄油餐包  Butter Bun  每日时蔬  Daily Vegetables  白米饭  Plain rice | 酥炸鸡块  Chicken nuggets  支竹焖牛腩  Bean curd fried Beef  韭黄炒鸡蛋  Hotbed chives fried Egg  鲜茄炒土豆  Tomato fried Potato  黑椒通心粉  Macaroni with Black pepper  杂豆炒饭  Mix bean fried Rice  水饺  Dumpling  每日时蔬  Daily Vegetables  白米饭  Plain rice | 香菇蒸鸡  Steamed chicken with Mushrooms  番茄牛肉炒滑蛋  Scrambled eggs with tomato and beef  橄榄油炒杂菜  Fried Mix vegetables with Olive oil  肉末炒豆角粒  Diced pork fried Carob  三丝炒河粉  Fried rice noodles with three shredded ingredients  腊味炒饭  Cured meat fried Rice  炸薯条  French fries  每日时蔬  Daily Vegetables  白米饭  Plain rice |
| **Fruit&Drink** | Daily Fruit | Daily Fruit | Daily Fruit | Daily Fruit | Daily Fruit |