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| **Date** | **18/01** | **19/01** | **20/01** | **21/01** | **22/01** |
| **Item** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Soup** | 番茄土豆煲龙骨Tomato&Potato with Bone soup | 俄式杂菜汤Russian Mix vegetable soup | 莲藕花生煲龙骨Peanut&Lotus root with bone soup | 奶油南瓜汤Pumpkin with Cream soup | 黄豆萝卜煲龙骨Yellow bean&Caroot with bone soup |
| **Salad** | Daily Vegetables Salad每日沙拉 | Daily Vegetables Salad每日沙拉 | Daily Vegetables Salad每日沙拉 | Daily Vegetables Salad每日沙拉 | Daily Vegetables Salad每日沙拉 |
| **Main Dishes** | 玲珑鸡块Popcorn chicken茄汁黄豆烩香肠Yellow bean & Mini sausage with Ketchup五彩肉丁Diced pork with Sweet corn….茄子炒豆角Eggplant fried Carob蛋炒饭Egg fried Rice三丝炒面Fried noodles with three shredded ingredients奶香小馒头Chinese Mini bun每日时蔬Daily Vegetables白米饭Plain rice | 咖喱鸡Curry chicken香芹榨菜炒肉Fried meat with Celery and Pickle番茄炒蛋Tomato fried Egg蒜苗豆腐泡焖萝卜Braised white carrot with Curd and Garlic sprouts扬州炒饭Fried rice Yangzhou style肉酱意粉Spaghetti Bolognese甜玉米Sweet corn每日时蔬Daily Vegetables白米饭Plain rice | 吉列猪扒Gillette Pork chop青笋炒腊味Asparagus lettuce fried Cured meat烤鸡翅Roast chicken wings炒土豆丝Fried shredded potato星洲炒米粉Fried noodles Singapore sytle泡菜炒饭Fried rice with pickled vegetables黄油餐包Butter Bun每日时蔬Daily Vegetables白米饭Plain rice | 酥炸鸡块Chicken nuggets支竹焖牛腩Bean curd fried Beef韭黄炒鸡蛋Hotbed chives fried Egg鲜茄炒土豆Tomato fried Potato黑椒通心粉Macaroni with Black pepper杂豆炒饭Mix bean fried Rice水饺Dumpling每日时蔬Daily Vegetables白米饭Plain rice | 香菇蒸鸡Steamed chicken with Mushrooms番茄牛肉炒滑蛋Scrambled eggs with tomato and beef橄榄油炒杂菜Fried Mix vegetables with Olive oil肉末炒豆角粒Diced pork fried Carob三丝炒河粉Fried rice noodles with three shredded ingredients腊味炒饭Cured meat fried Rice炸薯条French fries每日时蔬Daily Vegetables白米饭Plain rice |
| **Fruit&Drink** | Daily Fruit | Daily Fruit | Daily Fruit | Daily Fruit | Daily Fruit |