|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Date** | **16/11** | **17/11** | **18/11** | **19/11** | **20/11** |
| **Item** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Soup** | Sweet Corn with Cream Soup  玉米忌廉汤 | Sweet corn and Carrot with Pork rib Soup玉米红萝卜猪骨汤 | French Style Carrot Soup with Cream法式红萝卜忌廉汤 | Tomato and Potato with Pork rib Soup西红柿土豆猪骨汤 | French Style Carrot Soup with Cream法式红萝卜忌廉汤 |
| **Salad** | Daily Vegetables Salad | Daily Vegetables Salad | Daily Vegetables Salad | Daily Vegetables Salad | Daily Vegetables Salad |
| **Main Dishes** | Boiled Broccoli白灼西兰花  Mushrooms and Fungus Steam Chicken香菇云耳蒸鸡  Green Bean fried Eggplant豆角茄子  Gillette fish steak吉列鱼柳  Hotbed chive scrambled eggs韭黄炒蛋  Fried Rice Noodles in Singapore style星洲炒粉  Yangzhou Style Fried Rice扬州炒饭 | Boiled Bettuce白灼生菜  Curry Fish Ball咖喱鱼蛋  美式鸡扒Grilled Chicken steak  Steamed Egg蒸水蛋  Sweet corn and Green bean with Ham青豆玉米肉丁  Egg Fried Rice蛋炒饭  Chinese Fried Noodle三丝炒面 | Boiled Vegetable白灼青菜  White Carrot fried Beef Brisket萝卜焖牛腩  Little melon fried Pork小瓜爽肉  Green bean fried Minced meat榄菜肉末豆角  Fried eggs with Tomato番茄炒蛋  Shrimp & Ham Fried Rice虾仁火腿炒饭  Macaroni with Minced Meat sauce肉酱通心粉 | Boiled Broccoli白灼西兰花  Curry Chicken咖喱鸡  Cauliflower fried Bacon菜花炒培根  Minced meat fried Eggplant肉末茄子  Mini ham Sausage珍珠肠仔  Yangzhou Style Fried Rice扬州炒饭  Spaghetti with Seafood and Tomato Sauce海鲜意粉 | Boiled Vegetable青菜  Gillette Pork Steak吉列猪扒  Meat roll fried Asparagus Lettuce莴笋炒肉卷  Fried Wax gourd红烧冬瓜  Spring Onion fried Doufu小葱焖豆腐  Shrimp & Ham Fried Rice虾仁火腿炒饭  Spaghetti with Minced Meat and Tomato Sauce肉酱意粉 |
| **Others** | Frenchfries Dumpling Bun | French fries  Bacon Pizza Bun | Spring rolls French fries  Bun | Dumpling French fries  Bun | Spring rolls French fries  Bun |
| **Drinks** | Lemon Water  Apple Juice  Orange Juice | Lemon Water  Apple Juice  Orange Juice | Lemon Water  Apple Juice  Orange Juice | Lemon Water  Apple Juice  Orange Juice | Lemon Water  Apple Juice  Orange Juice |
| **Fruit** | Daily Fruit | Daily Fruit | Daily Fruit | Daily Fruit | Daily Fruit |