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| **Date** | **14/12** | **15/12** | **16/12** | **17/12** | **18/12** |
| **Item** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Soup** | 黄豆萝卜煲龙骨Carrot & Bean with Pork ribs Soup | 奶油蘑菇汤Mushroom with Cream soup | 菜干萝卜煲龙骨Dried vegetables with Carrot with Pork ribs Soup | Carrot &Sweet corn with Pork ribs Soup粟米红萝卜煲龙骨 |  |
| **Salad** | Daily Vegetables Salad | Daily Vegetables Salad | Daily Vegetables Salad | Daily Vegetables Salad |  |
| **Main Dishes** | 奥尔良鸡腿Orleans drumstick肉片炒杂菌Mix mushroom fried Meat 鱼蛋煮番茄Fish balls fried Tomato清炒土豆丝Fried Sliced Potato日式炒乌冬面Fried Wudong Japan style 白灼青菜Boiled Vegetables蛋炒饭Egg fried Rice | 脆炸鱼排Deep fried fish steak大千鸡Sliced chicken with Bean paste and lettuce地三鲜Potato、Eggplant with Green pepper 豉汁炒南瓜Fried Pumpkin黑椒炒意粉Spaghetti with Black pepper 白菜青菜Boiled Vegetables杂豆炒饭Mix bean fried rice |  土豆焖牛腩Potato fried Beef香菇蒸鸡Steamed Chicken with mushroom  鲜橙烩鸭胸 Duck breast with fresh orange 咖喱炒杂菜 Curry Mix Vegetables Mushroom Black fungus fried egg 三丝炒河粉Vegetable fried Rice noodles白灼青菜Boiled Vegetables泰皇炒饭Fried rice Thai style | 西兰花炒鲜尤Broccoli fried Squid鲜茄炒土豆片Tomato fried Potaato 蒜香鸡扒Grilled chicken steak清蒸水蛋Steamed Egg意式通心粉Macaroni白灼青菜Boiled VegetablesFried rice Yangzhou Style  |  |
| **Others** | Steamed Mini Chinese Bun蒸奶香小馒头 | Ham Sandwich  | Sweet cron 甜玉米 | Dumpling 饺子 |  |
| **Drinks** | Water | Water Apple JuiceOrange Juice | Water | Water |  |
| **Fruit** | Daily Fruit | Daily Fruit | Daily Fruit | Daily Fruit |  |