|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Date** | **14/12** | **15/12** | **16/12** | **17/12** | **18/12** |
| **Item** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Soup** | 黄豆萝卜煲龙骨Carrot & Bean with Pork ribs Soup | 奶油蘑菇汤Mushroom with Cream soup | 菜干萝卜煲龙骨Dried vegetables with Carrot with Pork ribs Soup | Carrot &Sweet corn with Pork ribs Soup粟米红萝卜煲龙骨 |  |
| **Salad** | Daily Vegetables Salad | Daily Vegetables Salad | Daily Vegetables Salad | Daily Vegetables Salad |  |
| **Main Dishes** | 奥尔良鸡腿  Orleans drumstick  肉片炒杂菌  Mix mushroom fried Meat  鱼蛋煮番茄  Fish balls fried Tomato  清炒土豆丝  Fried Sliced Potato  日式炒乌冬面  Fried Wudong Japan style  白灼青菜  Boiled Vegetables  蛋炒饭  Egg fried Rice | 脆炸鱼排  Deep fried fish steak  大千鸡  Sliced chicken with Bean paste and lettuce  地三鲜  Potato、Eggplant with Green pepper  豉汁炒南瓜  Fried Pumpkin  黑椒炒意粉  Spaghetti with Black pepper  白菜青菜  Boiled Vegetables  杂豆炒饭Mix bean fried rice | 土豆焖牛腩  Potato fried Beef  香菇蒸鸡  Steamed Chicken with mushroom  鲜橙烩鸭胸  Duck breast with fresh orange  咖喱炒杂菜  Curry Mix Vegetables  Mushroom Black fungus fried egg  三丝炒河粉  Vegetable fried Rice noodles  白灼青菜  Boiled Vegetables  泰皇炒饭Fried rice Thai style | 西兰花炒鲜尤  Broccoli fried Squid  鲜茄炒土豆片  Tomato fried Potaato  蒜香鸡扒  Grilled chicken steak  清蒸水蛋  Steamed Egg  意式通心粉  Macaroni  白灼青菜  Boiled Vegetables  Fried rice Yangzhou Style |  |
| **Others** | Steamed Mini Chinese Bun  蒸奶香小馒头 | Ham Sandwich | Sweet cron 甜玉米 | Dumpling 饺子 |  |
| **Drinks** | Water | Water Apple Juice  Orange Juice | Water | Water |  |
| **Fruit** | Daily Fruit | Daily Fruit | Daily Fruit | Daily Fruit |  |