

| 3               | 13/05   | 14/05   | 15/05  | 16/05  | 17/05  |
|-----------------|---|---|--|--|--|
|                 | Monday  | Tuesday   | Wednesday  | Thursday   | Friday   |
| Western / Asian | Chicken soup<br>Braised pork in sweet soy sauce with egg<br>Long green bean and carrots<br>Steamed rice   | Chinese soup<br>Homemade fish finger with "tartar" sauce<br>Curry vegetable<br>Bok choy<br>Steamed rice                                     | Cream of mushroom soup<br>Roasted duck breast with gravy<br>Stir-fried pork slices with "Tofu"<br>Mixed vegetable<br>Steamed rice              | Russian soup<br>Chicken breast with breadcrumbs and cheese<br>Vegetable green<br>Steamed rice  | Chinese soup<br>Sweet and sour pork with pineapple<br>Fried chicken with broccoli and cauliflower<br>Bok choy<br>Steamed rice                                |
| Salad Bar       | Garden salad<br>Apple Waldorf salad<br>Cherry tomato<br>Egg salad<br>Cucumber batons<br>Carrot batons<br>Fruit plates<br>Lemon water<br>Breadbasket | Garden salad<br>Pasta salad<br>Cherry tomato<br>Egg salad<br>Cucumber batons<br>Carrot batons<br>Fruit plates<br>Lemon water<br>Breadbasket | Garden salad<br>Coleslaw salad<br>Cherry tomato<br>Egg salad<br>Cucumber batons<br>Carrot batons<br>Fruit plates<br>Lemon water<br>Breadbasket | Garden salad<br>Spinach and mushroom salad<br>Cherry tomato<br>Egg salad<br>Cucumber batons<br>Carrot batons<br>Fruit plates<br>Lemon water<br>Breadbasket | Garden salad<br>Asparagus and mushroom salad<br>Cherry tomato<br>Egg salad<br>Cucumber batons<br>Carrot batons<br>Fruit Plates<br>Lemon water<br>Breadbasket |

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| <b>Daily Specials</b> | <b>Steak Pie<br/>Mashed potato</b> | <b>Roasted BBQ pork<br/>with Asian vegetable</b> | <b>Fried rice noodles<br/>with beef in Canton<br/>style</b> | <b>Baked beans with<br/>sausages<br/>Baked potato</b> | <b>Beef wrap<br/>(Sandwich Bar)</b> |
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