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| **Date** | **11/01** | **12/01** | **13/01** | **14/01** | **15/01** |
| **Item** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Soup** | 黄豆萝卜煲龙骨Carrot & Bean with Pork ribs Soup | 罗宋汤Borscht | 菜干萝卜煲龙骨Dried vegetables with Carrot with Pork ribs Soup | 蘑菇忌廉汤Mushroom with Cream Soup | Carrot &Sweet corn with Pork ribs Soup粟米红萝卜煲龙骨 |
| **Salad** | Daily Vegetables Salad | Daily Vegetables Salad | Daily Vegetables Salad | Daily Vegetables Salad | Daily Vegetables Salad |
| **Main Dishes** | 蜜制小鸡腿  Honey chicken  西兰花炒肉片  Broccoli fried Sliced meat  香草烤土豆  Baked potato with Vanilla  肉松炒南瓜  Minced meat fried Pumpkin  蛋炒饭  Egg fried Rice  日式炒乌冬面  Fried Wudong Japan style  白灼青菜  Boiled Vegetables | 日和酱焗鱼柳  Baked fish filet with sauce  杂菌肉片  Mix Mushroom fried Sliced meat  咖喱炒杂菜  Curry fried Mix Vegetables  豆角粒炒蛋  Bean fried Eggs  泰皇炒饭  Rice rice Thai style  黑椒炒意粉  Spaghetti with Black pepper  白菜青菜  Boiled Vegetables | 香草烤鸡扒  Grilled Chicken steak with Vanilla  香菇焖肉  Mushroom Stewed Meat  宫爆鸡丁  Kung pao Chicken  清炒藕片  Stir fried Lotus root  扬州炒饭  Fried rice Yangzhou style  三丝炒河粉  Vegetable fried Rice noodles  白灼青菜  Boiled Vegetables | 咖喱牛腩  Curry Beaf  烤鸭胸  Grilled Duck breast  清蒸水蛋  Steamed Eggs  香菇炒菜花  Mushroom fried Cauliflower  西式炒饭  Fried rice western style  意式通心粉  Macaroni  白灼青菜  Boiled Vegetables | 甜酸猪扒  Sweet &Sour Pork chop  牛肉炒蒜心  Spring Garlic fried beef  培根炒土豆片  Potato fried Bacon  番茄炒小瓜  Tomato fried  杂豆炒饭  Mix bean fried Rice  茄汁炒意粉  Spaghetti with Tomato sauce  白灼青菜  Boiled Vegetables |
| **Others** | Sandwich三文治 | Bacon Pizza 培根披萨 | Dumplings水饺 | Burger 汉堡 | French fries薯条 |
| **Drinks** | Water | Water Apple Juice  Orange Juice | Water | Water | Water |
| **Fruit** | Daily Fruit | Daily Fruit | Daily Fruit | Daily Fruit | Daily Fruit |