

3	08/10	09/10	10/10	11/10	12/10
	Monday	Tuesday	Wednesday	Thursday	Friday
Western / Asian	<p>Chicken soup Homemade fish finger with "tartar" sauce Curry vegetable Bok choy Fried green vegetable with rice</p>	<p>Chinese soup Braised pork in sweet soy sauce with egg Long green bean and carrots Steamed rice</p>	<p>Russian soup Chicken breast with breadcrumbs and cheese Mixed squash Vegetable green Steamed rice</p>	<p>Cream of sweet corn soup Roasted duck breast with gravy Baked potato Mixed vegetable Steamed rice</p>	<p>Chinese soup Chicken wing Cauliflower, broccoli and carrots Bok choy Steamed rice</p>
Salad Bar	<p>Garden salad Apple Waldorf salad Cherry tomato Egg salad Cucumber batons Carrot batons Fruit plates Lemon water Breadbasket</p>	<p>Garden salad Pasta salad Cherry tomato Egg salad Cucumber batons Carrot batons Fruit plates Lemon water Breadbasket</p>	<p>Garden salad Coleslaw salad Cherry tomato Egg salad Cucumber batons Carrot batons Fruit plates Lemon water Breadbasket</p>	<p>Garden salad Spinach and mushroom salad Cherry tomato Egg salad Cucumber batons Carrot batons Fruit plates Lemon water Breadbasket</p>	<p>Garden salad Asparagus and mushroom salad Cherry tomato Egg salad Cucumber batons Carrot batons Fruit Plates Lemon water Breadbasket</p>

Daily Specials	Roasted BBQ pork with vegetable	Steak Pie Mashed potato	Baked beans with sausages	Fried rice noodles with beef in Canton style	Beef wrap (Sandwich Bar)
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