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### Yangshuo Outdoor Program for ZIS



**Location:** Yangshuo, Guangxi / 广西阳朔

**Dates:** November 12-16, 2018.

**Overview:** The karst scenery in Yangshuo is among the most spectacular in China, and for 5 days, this will serve as our backdrop for a multi-day outdoor adventure program. Students will stay active by engaging in a variety of different outdoor activities, including cycling, camping, rock climbing, caving, and hiking. There will also be a half-day cultural activity (fan-painting).

**Accommodation:** Local Hotel: Private rooms (2-3 beds) for students with ensuite bathrooms / ensuite private rooms for teachers, one night camping [weather permitting]

**Total price** (including all meals/accommodation, professional guides, insurance, equipment, all transportation during trip including pick-up and drop-off from Yangshuo Train Station, applicable entry fees)

¥3,260 / student ; (1 teacher free for every day 10 students, additional teachers receive 30% discount)

(Does not include round-trip train from Zhuhai to Yangshuo: ~350CNY/person)

## Program Highlights



**Countryside Bike Ride and Hiking:** Students will have a chance to get up-close-and-personal with the magical karst topography of Yangshuo, via a bike ride and two hikes. (Tandem bikes will be made available to students that are not confident cyclists). The biking route follows the Yulong River, weaving together a network of paved roads and narrow paths. The two hikes, meanwhile, are along the Li River and the iconic Moon Hill, respectively. These activities will also give students a chance to experience the Chinese countryside and rural culture.

**Fan Painting:** While Yangshuo is primarily known as an outdoor mecca, there are also various cultural elements and artistic traditions to be found if you know where to look. One example can be found in Fuli (20KM from Yangshuo), with its rich tradition of paper fan-making. Students will receive instruction in making paper fans before painting their own souvenir fans. The ancient village of Fuli is also very well-preserved, and students will have some free time to walk around and enjoy the scenery.



**Rock Climbing, Abseiling, and Zipline:** Students will have the opportunity to try rock climbing, abseiling, and a zipline, in stunning natural environments and accessible circumstances, under qualified guides. Students will be encouraged to challenge themselves and overcome their fears, as well as to simply have fun and enjoy the experience!

**Camping:** On the final night of the trip, students will pitch their tents under the stars in a secluded campsite, nestled among the karsts. The campsite is completely isolated from the surrounding area, with a covered space, toilets and showers, space for activities, and lake access. Students will receive instruction from KA guides in setting up camp, and will even cook their own BBQ dinner, before settling in to a campfire.



## Suggested Itinerary

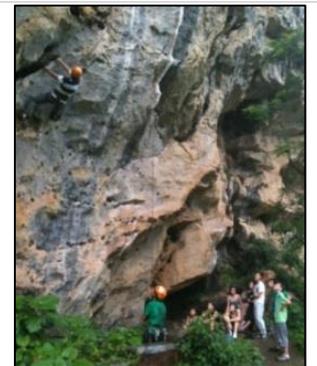
### November 12: Arrive in Yangshuo / Moon Hill Hike / Treasure Hunt in Yangshuo

9:10am – 12:27pm: High-speed Train from Zhuhai to Yangshuo  
 12:30pm: Rendezvous with guides, introductions, transfer to hotel in Yangshuo (lunch en-route).  
 2:00pm: Arrive at hotel, check-in, change clothes, overview of trip schedule  
 2:30pm: Bus/walk to Moon Hill Entrance  
 3:00pm: Hike up to the top of the iconic “Moon Hill,” a massive archway at the top of a karst tower, for stunning views of the entire Yangshuo area and the chance to take awesome landscape photos during the *Golden Hour*.  
 5:00pm: Conclude hike, return to hotel, shower, rest  
 6:30pm: Dinner at local restaurant  
 7:30pm: Evening “Treasure Hunt” in Yangshuo Town



### November 13: Bike Ride / Rock Climbing

8:30am: Breakfast at hotel  
 9:00am: Safety briefing, distribute bikes/helmets, begin bike ride through iconic karst scenery of Yangshuo, through rice paddies and small villages, and alongside the Yulong river.  
 12:00pm: Lunch at local restaurant  
 1:00pm: Introduction to rock climbing, including safety lesson and overview of climbing skills, followed by afternoon rock climbing activity.  
 4:30pm: Return to guesthouse (by bike), shower, rest  
 6:30pm: Dinner  
 7:30pm: Review of day, followed by evening activity or free time.



### November 14: Zip-line & Abseiling / Team-building Challenge / Camping

8:30am: Breakfast at hotel, check-out, distribute picnic lunches  
 9:30am: Transfer to Yangshuo Scenic Area (~30 minute bus ride)  
 10:00am: Walk/Hike (~1 hour) to *Treasure Cave*, a massive chasm at the top of a karst tower. After a safety overview, students will have a chance to complete a zipline from one side of the cave to the



other, before abseiling back to the ground (picnic lunch during activity).

3:00pm: Arrive at campsite, team-building games.

4:00pm: Change clothes, set up camp (with instruction from KA guides)

6:00pm: BBQ dinner at campsite, followed by campfire and evening game.



### November 15: / Raft-Building / Mud Cave

7:30am: Breakfast, pack up campsite

9:30am: Raft-Building Challenge: students will receive bamboo and other materials, and compete to make functional rafts, before racing them in an adjacent lake.

11:30pm: Walk to restaurant for lunch, rest

12:30pm: Walk (30 minutes) back to main road, transfer to nearby underground cave for caving expedition, which ends in an underground mud pool.

4:30pm: Return to hotel in Yangshuo, check-in, shower

5:00pm: Trip recap and reflections

7:00pm: Final night western dinner, supervised free time



### November 16: Fan Painting / Return to Zhuhai

8:00am: Breakfast, pack up, check out of hotel, transfer to Fuli Old Town.

9:00am: Learn about the local tradition of *painted fans*; afterwards, students will make their own, to be taken home as souvenirs.

11:15am: Transfer to Yangshuo Station (30 minutes), distribute packed lunches, say good-bye to guides.

12:38pm 2:56pm: Return train to Guangzhou South Station

